



Ayurveda courses

Explore Ayurveda courses in Kerala at Lords Ayurveda, including Panchakarma, massage therapy, nutrition, yoga, herbology, beauty therapy, and lifestyle management programmes with practical training. glow.

RYS200, RYS300, and RYS500

Explore RYS200, RYS300, and RYS500 yoga teacher training programmes with authentic practices, structured learning, and professional guidance in Kerala.

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Learn authentic Ayurveda through expert courses and experience holistic healing treatments

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Why Choose Us?

Choose Lords Ayurveda for authentic Ayurvedic courses, practical training, experienced guidance, personalised treatments, and a holistic approach to wellness.

Let's Connect



91 8157 99 88 66



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Lords Ayurveda Research Center,
Payyambalam Beach Road,
Chalad, Kannur, Kerala 670008



Ayurveda Treatments

Explore our Ayurveda Treatments

Steam Bath

Shirovasti Therapy

Marma Massage

Panchakarma

Therapies(Detoxification
Treatments).

Uzhichil (Ayurvedic Body Massage).

Oil Massages

Shirodhara

Pizhichil

Ayurvedic Kizhi Treatment

Ayurvedic eye treatment
(Netravasty).

Ear Treatments

Local Joint Treatments (Kativasty,
Greevavasty..Januvasty).

Face-Hair Beauty Treatments

Udwarthanam

